

Managing the day to day responsibilities

Managing benefits and money



Managing personal finances

Being aware of personal budgets, benefits and financial support

What did we find?

Getting advice and guidance on personal finances e.g. Citizens Advice

Dealing with confusion over benefits and payments

Being assessed for disability benefits can be a worrying and anxious experience

What learning is involved?

Planning skills around spending and saving money

Deciding how and where to spend money on activities and services

Using money-handling skills learnt through work and volunteering

“ I don't know if I do get direct payment, I don't really know. I know I used to... but I can't remember what happens now. I'm not really sure. ”

Dawn, self-advocate

What more can be done?

Providing training in managing personal finances

Providing information and guidance on benefits and financial support

Providing appropriate support for people being assessed for disability benefits and Universal Credit

